



## SANTÉ • NOVA • HEALTH

**Palliative and Oncology Nursing Care  
Adult and Children Bereavement  
Home Support Services  
Senior Activity Program**

Services provided by a team of registered nurses,  
health aides, program coordinators  
and volunteers

## NOVA West Island

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NOVA West Island provides client and family centered care throughout the organization and we strive for respectful, compassionate and culturally competent services.

### VOLUNTEERS

Even though NOVA West Island counts on the support of more than 200 volunteers who are at the heart of the organization, we are constantly recruiting and are looking for individuals who might be interested in volunteering as drivers, home visitors, or in our senior activity program.

### PALLIATIVE AND ONCOLOGY CARE

Specialized care and support to persons at a palliative stage or living with cancer or ALS.

Home nursing visits are arranged in collaboration with patients and families to allow for assessments, teaching, symptom management and active listening.

The NOVA team helps by providing support and comfort to both the patient and the family during this difficult time. This enables the patient to remain at home in familiar surroundings for as long as is possible or desired.

### ADULT BEREAVEMENT

Three 8-week group sessions for bereaved adults are offered throughout the year by a trained counselor. Participants discuss the grieving process, physical manifestations and feelings associated with grief while interacting with people who truly understand their challenges.

### CHILDREN BEREAVEMENT “CAROUSEL”

This program, offered by a skilled counselor, offers a “circle of support” to children and youth who are in the midst of coping with loss and change. Adult bereavement support is also offered.

### HOME SUPPORT SERVICES

Caring for a loved one at home can be emotionally and physically exhausting. A Home Health Aide can help an individual and family manage a little more easily by assisting with personal care and giving caregivers some quiet time to run errands or get some rest.

### SENIOR ACTIVITY PROGRAM

Designed for seniors with neurocognitive impairments who are living at home with their caregivers. We offer a safe, friendly, and stimulating environment while providing well-deserved respite for families and caregivers.

Three components can be offered: **virtual sessions** proposed “à la carte” contingent on members’ availability and interests; **in-home stimulation** visits depending on members’ needs and capabilities; and our **Activity Centers** in physical presence based on our inclusion criteria.

***NOVA West Island is a charitable  
healthcare organization. To  
continue supporting the West Island  
population, we rely on your  
contributions***

*Registered Charity #131294191 RR0001*