

Volunteer Opportunities



PROGRAM	SENIOR ACTIVITY PROGRAM	PALLIATIVE HOME VISITS	MEDICAL TRANSPORT	FUNDRAISERS	THRIFT SHOPS FOR NOVA
FUNCTION	<p>In physical presence or virtually, provide a warm and friendly atmosphere for elderly clients with neurocognitive impairment to feel welcome, secure and happy. Provide caregivers respite.</p>	<p>Visit palliative care, cancer or ALS patients in their homes to provide companionship. This allows the patients to remain in their own home longer. Provides caregiver respite.</p>	<p>Provide transportation for cancer patients to and/or from their medical appointments. This relieves them from the stress of driving, parking and financial strains. Provides caregiver respite.</p>	<p>Big or small, we appreciate all events organized by third parties and/or help with NOVA fundraisers.</p>	<p>Volunteers needed in-store and behind the scenes. Prepare the donated goods to sell in the 5 shops which raise funds for NOVA West Island health services & impacts the environment through reducing, reusing, and recycling.</p>
TASKS	<ul style="list-style-type: none"> • Activity Centers: welcome clients and encourage them to interact and participate. Assist with arts, creations and mental stimulation. Entertain through music, singing or pet therapy • Provide input in programming • Virtually: become a “pen pal” for our clients through weekly phone or virtual contact 	<ul style="list-style-type: none"> • Depending on the patient’s health, the role may vary from friendly conversation to quiet companionship as the patient sleeps • No medical or hands on treatment is involved nor allowed 	<ul style="list-style-type: none"> • Drive patients from home to medical appointments (local or downtown) • Return patients to their home after treatments/appointments • Be a friendly face to a person who needs kindness & support • It is not mandatory to remain with the patients during their appointment 	<ul style="list-style-type: none"> • Organize a fundraising event to raise money for NOVA • Participate in one of our annual events either as a group or individually 	<ul style="list-style-type: none"> • Receive, sort, display and sell goods to the community • Welcome and assist customers • Repair or/and clean items • Drivers are needed to transport donated goods between stores as well as movers for furniture
COMMITMENT	<p>Once a week or more for activities Once a month for entertainment</p>	<p>As per volunteer’s schedule and client’s needs</p>	<p>As per volunteer’s schedule and client’s needs</p>	<p>As per volunteer’s schedule and interest</p>	<p>3 hour shifts, once or twice a week: 10 am-1 pm or 1 pm-4 pm</p>

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PROGRAM

SENIOR ACTIVITY PROGRAM

PALLIATIVE HOME VISITS

MEDICAL TRANSPORT

FUNDRAISERS

THRIFT SHOPS FOR NOVA

TRAINING

- 1:1 mentoring with experienced volunteer
- Monthly volunteer-staff meetings with Program Coordinator
- Educational opportunities with NOVA, Alzheimer Society of Montreal & Alzheimer Group Inc.

- Spend one day on the road with experienced palliative care nurse
- Yearly teaching session, meeting with experienced palliative care nurse
- Support and guidance from Coordinator of volunteer home visitors

- Meeting with Coordinator of volunteer drivers and Executive Director
- Reference documents provided related to healthcare establishments, coordinates and guidelines

- Meeting with Fundraising & Communication team members, Executive Director, staff and other volunteers involved in the different events

- Meeting/interview with Thrift Shop volunteer coordinator
- 1:1 on-the-job training with experienced volunteer

HOW TO APPLY

Email: info@novawi.org
Telephone: 514-695-8335

Email: info@novawi.org
Telephone: 514-695-8335

Email: info@novawi.org
Telephone: 514-695-8335

Email: lboissonneault@novawi.org
Telephone: (514) 695-8335 ext. 212

Email: volunteers@thriftshopsfornova.com
Telephone: 514-697-8457

All new volunteers in Senior Activity Program, Palliative Home Visits and Medical Transport Programs:

- Have an individual meeting with Executive Director to review NOVA's mandate, mission, vision, programs and services and volunteer roles & responsibilities
- Receive a general information and orientation package in addition to other documentation specific to the program they volunteer in
- Subject to a police check

Through volunteering, we build bridges of connection, compassion, and purpose!